



Transitions to
Adulthood
Workshop Series



LOUISIANA DEVELOPMENTAL DISABILITIES COUNCIL

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NAVIGATING WAIVERS: SERVICES AND ACCESSING SUPPORT

April 10, 2026
10 to 12 pm

This interactive session will provide individuals with intellectual and developmental disabilities (IDD) and their families with essential information about waivers and how they can support independent living. Learn practical tips for navigating waiver programs, accessing available services, and advocating for their needs. Through real-life scenarios, hands-on activities, and guidance, attendees will gain confidence in utilizing waivers to enhance their quality of life. Join us for this engaging workshop and take home easy-to-understand resources to support your transition to adulthood.

PLANNING FOR THE FUTURE: HOUSING & LONG-TERM SUPPORTS

April 10, 2026 - 1 to 3 pm

Choosing where to live is one of the most important decisions in the transition to adulthood. This workshop helps individuals with intellectual and developmental disabilities (IDD), families, and support teams explore a range of housing options and long-term supports that promote independence, safety, and quality of life. Participants will learn about different living arrangements—such as living with family, supported apartments, and group homes—and the types of services that help people succeed in their daily lives. The session will also focus on practical decision-making skills, including what questions to ask when considering housing options and who can provide guidance and local resources. By the end of the workshop, participants will feel more informed, confident, and prepared to plan for a successful and person-centered future.

ONE DAY - TWO OPTIONS!

Presenters:



Sharon
Delvisco, DSW,
LMSW, CGMP



Elizabeth
Power,
M.Ed.

Register Now:

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Questions?
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